



What can horses teach us?

## LEADERSHIP & TEAM BUILDING PROGRAM

Our goal is to provide a safe, unique and memorable experience using horses and a proven experiential learning style. Your leaders will get hands-on experience with **immediate** feedback that will enable them to improve their leadership skills by connecting theory and practice.

Our instructors are ready to help your team learn what horses can teach us about leadership, functioning within a team (or a herd!), and ultimately a lot about themselves as an individual.

### Testimonials

“Very confidence-building, and the insight on how horses reflect our inner selves was fascinating.”

“Practicing the skills of leadership with something that was truly out of our comfort zone was so effective.”

“I enjoyed the balance between talking to us about leadership and giving us room to try it and see. The constant reflection throughout was key to us becoming more confident in ourselves and our leadership.”

“I appreciated the application to our work that we specifically do so we left with usable skills.”



Here are some ways horses can be used for executive leadership & team training:

- **NONVERBAL COMMUNICATION**
  - **IMMEDIATE FEEDBACK**
  - **TRUST & RESPECT**
- **EMOTIONAL INTELLIGENCE**
  - **LEADERSHIP SKILLS**
  - **PROBLEM-SOLVING**

Overall, working with horses can provide a powerful & unique learning experience that can help individuals and teams develop important leadership & communication skills.

Half & Full **DAY SESSIONS**  
CLASSROOM + HANDS-ON  
CAN BE TAILORED TO SPECIFIC NEEDS

**CALL 336.931.1424**  
OR EMAIL [MIKE@HORSEPOWER.ORG](mailto:MIKE@HORSEPOWER.ORG)

